



The Narrative Practitioner (Paperback)

By Laura Beres

Palgrave MacMillan, United Kingdom, 2014. Paperback. Book Condition: New. New.. 232 x 154 mm. Language: English . Brand New Book. This book provides a guide to narrative theory and practice; a form of therapy which views people as the experts on their own lives. Rooted in the ideas of Michael White and David Epston from the famous Dulwich Centre, it offers a rich source of thinking and techniques for counsellors, psychotherapists, social workers and others working in the people professions. Based on the author s teaching, practice and research experience, this book provides a bridge between theory and the basic principles and methods of narrative therapy. The book assists the reader in implementing the key ideas and techniques into everyday practice contexts, with the support of real-life case studies and conversation maps. Uniquely, it covers important subjects such as ethics and values, supervision and self-care.



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Reviews

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