



## Hidden Nature: A Colouring Escape for Grown-Ups

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By Toc de Groc

Promopress. Paperback. Book Condition: new. BRAND NEW, Hidden Nature: A Colouring Escape for Grown-Ups, Toc de Groc, Colouring, an apparently simple and mechanical activity, has long been known as an effective and also very pleasant way to sharpen our minds and boost our thought processes. On top of that, it's also extremely unwinding, amusing and, beware, highly addictive! Throughout 100 pages full of imaginative illustrations and lavish patterns inspired by natural motives, "Hidden Nature" will open the door to exploring our artistic side and re-awake that child inside us that still holds our creative imagination. With its square format and excellent paper quality, the book allows for the use of a wide variety of materials, from simple crayons to water-colourable pencils or felt-tips that won't show on the reverse. "Hidden Nature" has been crafted to provide hours of fun and relaxation for everyone, including the most amateur artist.



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### Reviews

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