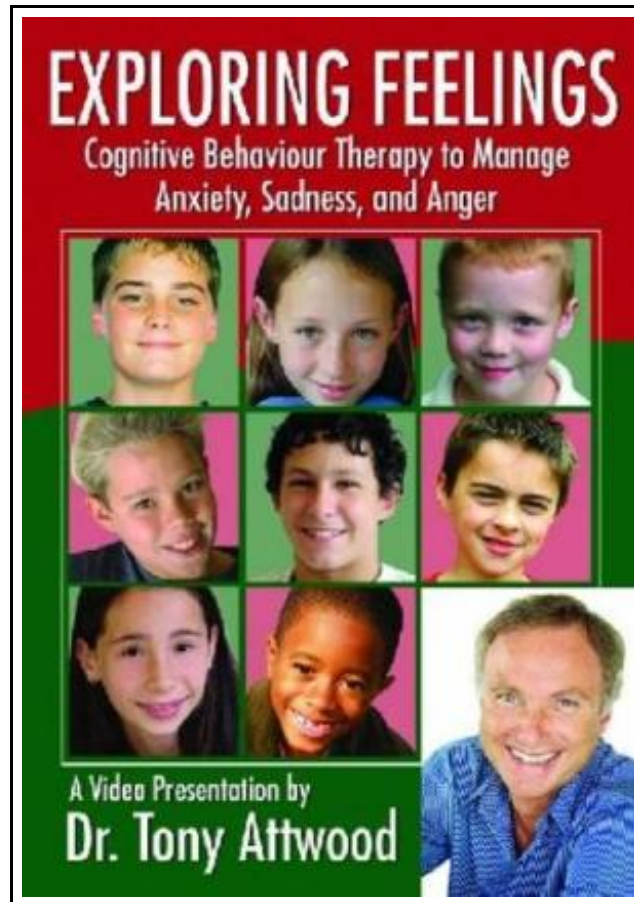


Exploring Feelings: Cognitive Behaviour Therapy to Manage Anxiety, Sadness and Anger



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(Prof. Douglas Grady)

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