

The New Atkins for a New You Workbook: A Weekly Food Journal to Help You Shed Weight and Feel Great

By Heimowitz, Colette

Touchstone Books, 2012. Paperback. Book Condition: Brand New. original edition. 320 pages. 8.50x5.50x1.00 inches. In Stock.



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Reviews

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-- Dana Hintz

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-- Elisa Reinger

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