



The Therapist's Notebook for Lesbian, Gay and Bisexual Clients: Homework, Handouts, and Activities for Use in Psychotherapy (Paperback)

By Joy S. Whitman, Cynthia J. Boyd

Taylor Francis Inc, United States, 2003. Paperback. Book Condition: New. New.. 269 x 208 mm. Language: English Brand New Book ***** Print on Demand *****.Most therapy is set up in a heterosexist context. Explore the issues facing your gay, lesbian, and bisexual clients--and how to deal with them! The Therapist's Notebook for Lesbian, Gay, and Bisexual Clients offers therapists treating lesbian, gay, and bisexual clients innovative, practical interventions plus homework and hands-on activities tailored to these populations. Use the notebook to explore the issues surrounding coming out, homophobia in the workplace, spirituality, identity formation, and issues that require a non-heterosexist approach, such as domestic violence and relationship concerns. Grounded in current theory, each chapter explains the rationale for the activity it proposes, includes contraindications, and provides a list of helpful resources for therapists and clients. Here are just a few of the issues this extraordinary book explores in its four thoughtfully planned sections: Section I: Homework, Handouts, and Activities for Coming Out and Managing Homophobia and Heterosexism addresses: * conflicts in self-perceptions * obstacles to the growth of a healthy GLB identity * dealing with the trauma and anxiety that result from discrimination * using semi-hypnotic visualization to treat...



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Reviews

This is the finest book i have got study till now. It usually does not price a lot of. I found out this publication from my i and dad encouraged this book to understand.

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